



DEUTSCHER
FUSSBALL-BUND

Youth development programme





01

Agenda

1 Basic information

2 Youth development structures





Development through teamwork

DFB

**Regional
associations**

Clubs

**School
system**





Goals

Interactive goals

Motivation to
play and move

Top ranking in
international football

Fascination
football





DEUTSCHER
FUSSBALL-BUND

1 BASIC INFORMATION

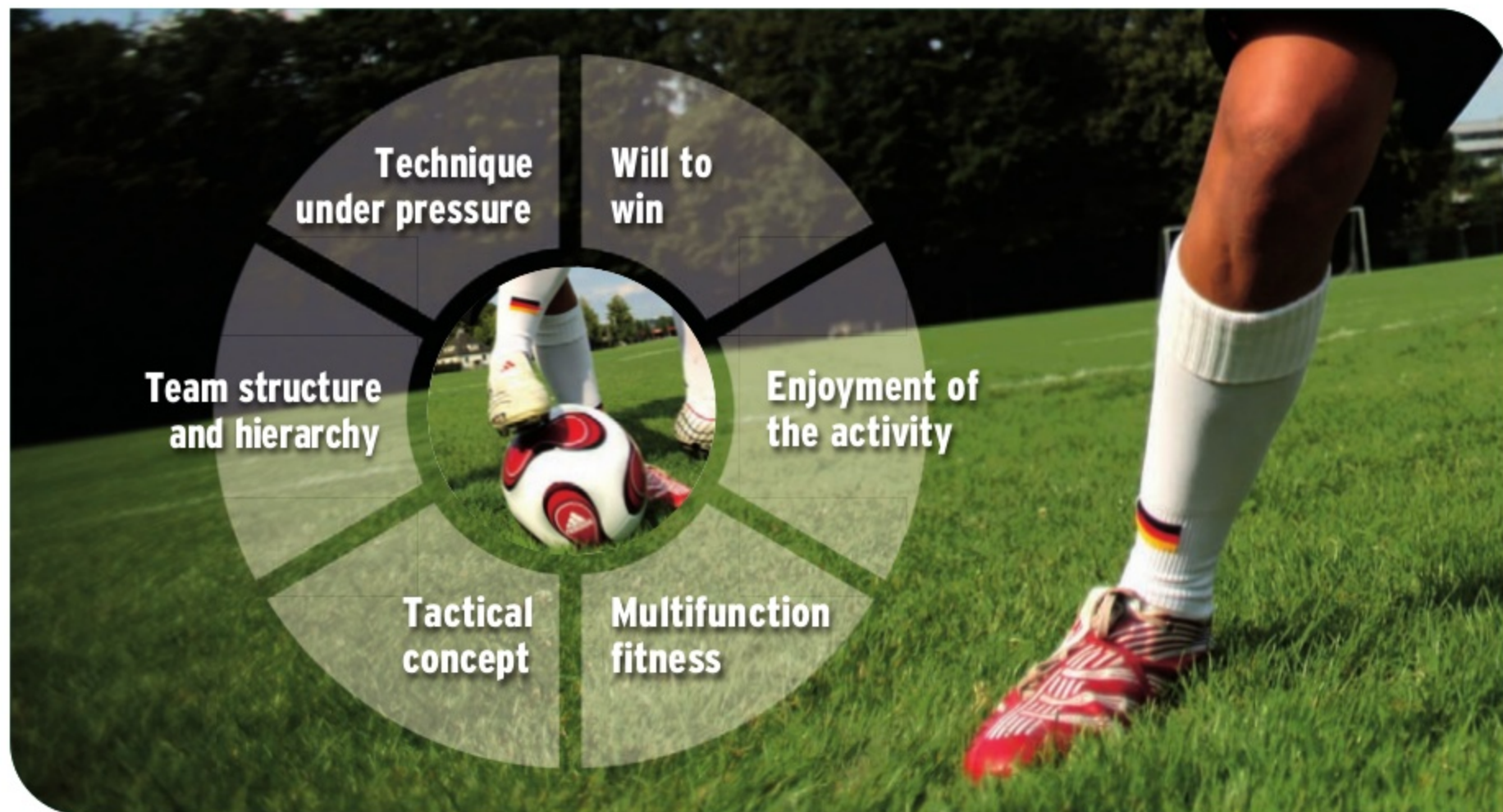
04

Guidelines





General concept



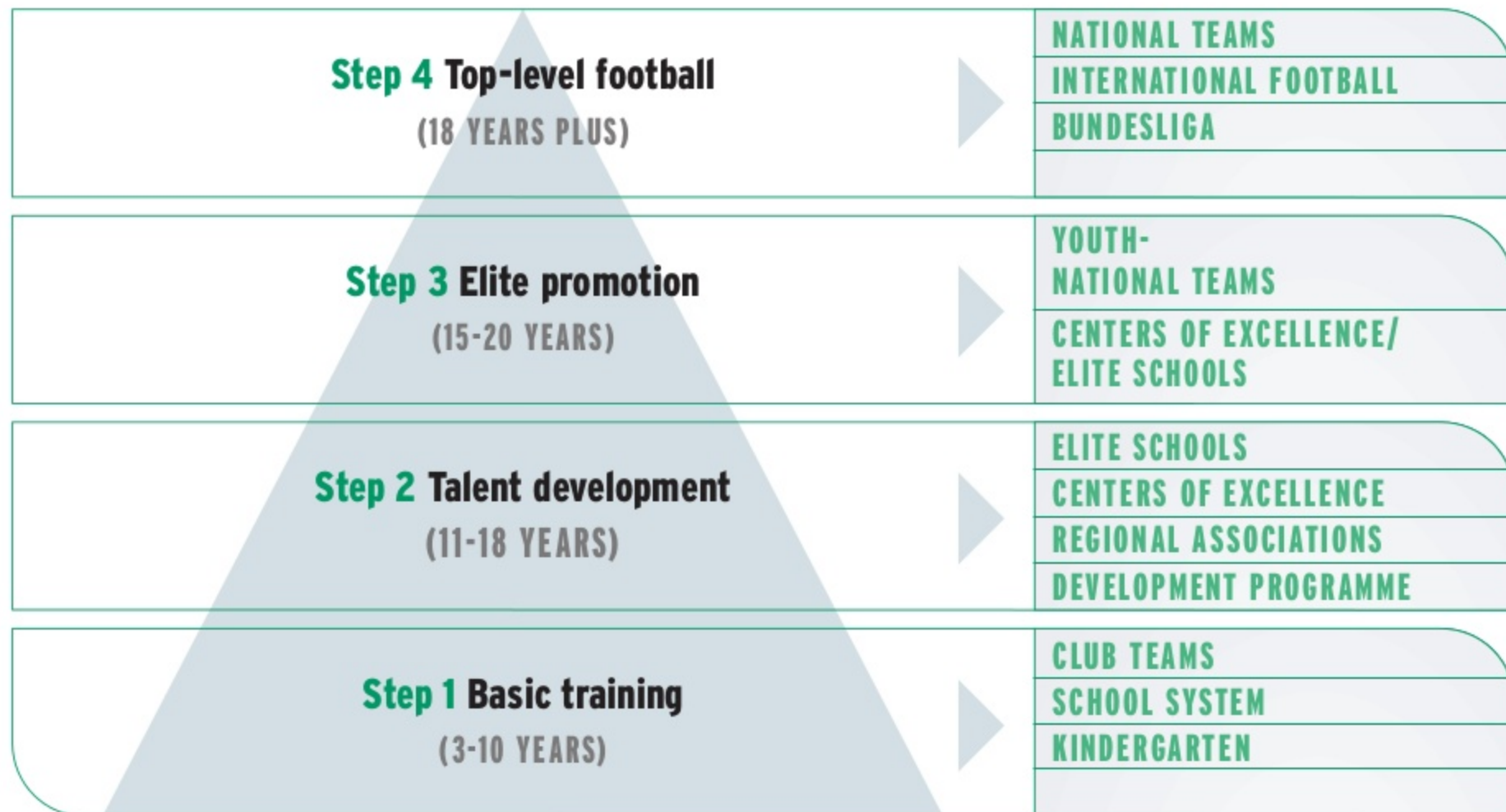


06 Youth development levels

7 Stabilising peak performance	30 YEARS PLUS
6 Perfection of peak performance	21-29 YEARS
5 Preparing for peak performance	17-20 YEARS
4 Stabilisation	15-18 YEARS
3 Learning	11-14 YEARS
2 Playing	7-10 YEARS
1 Moving	3-6 YEARS

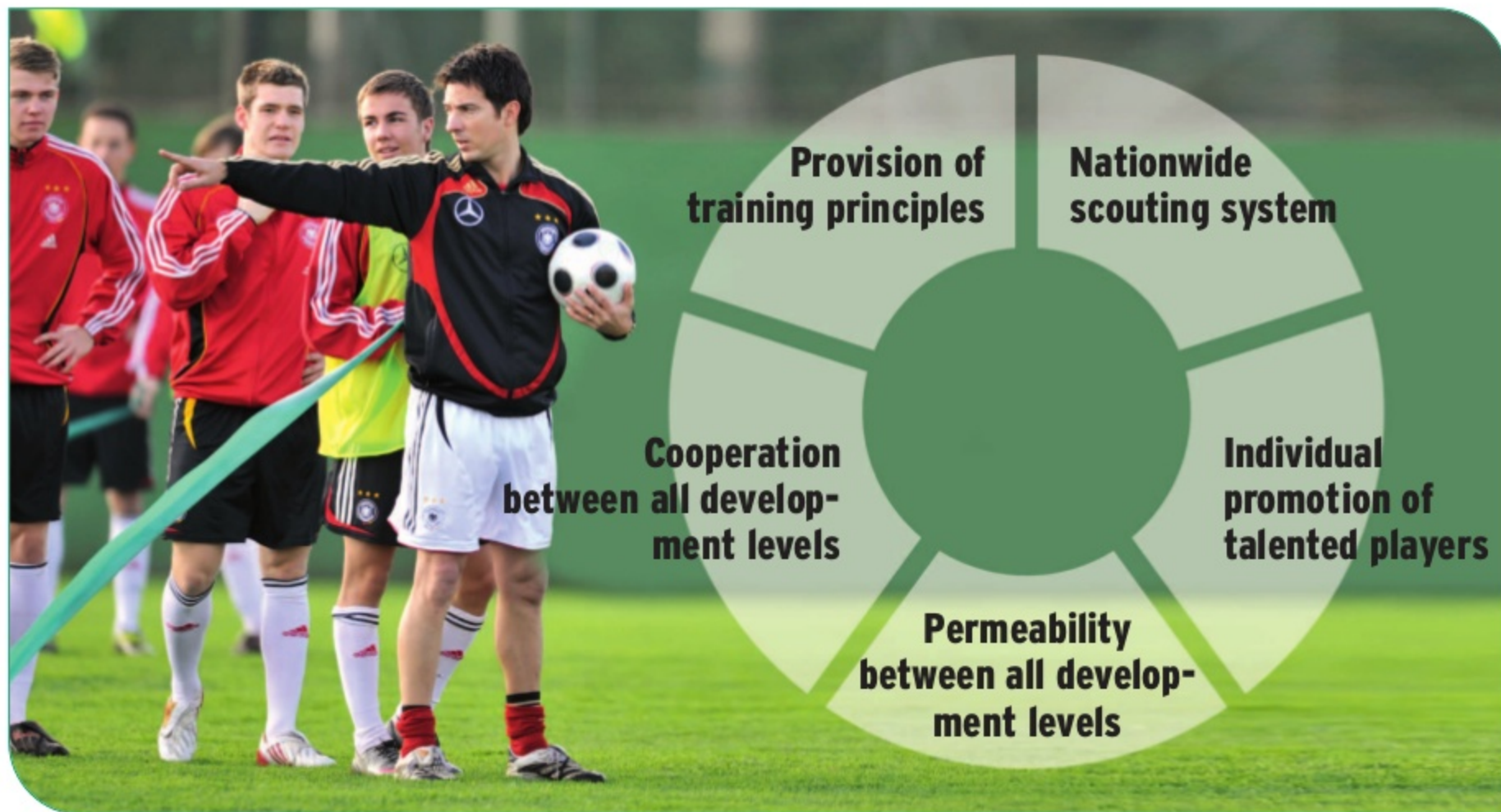


07 Youth development structure





Key benefits





Step 1 Basic training (3-10 YEARS)

Kindergarten, school system and club teams





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Goal: Holistic personal and physical development





Learning points





12

The role of the coach





Age-appropriate football games

U3 to U6	U7 to U8	U9 to U10
System of play: 4 vs 4 (no Goalkeeper) or 4 + Goalkeeper vs 4 + Goalkeeper	System of play: 5 vs 5 up to 7 vs 7 (including Goalkeeper)	System of play: 7 vs 7 (including Goalkeeper)
Field Size: 20 x 15 meter	Field Size: circa 35 x 25 meter (5 - 5, 6 - 6), circa 40 x 35 meter (7 - 7)	Field Size: circa 55 x 35 meter
Goals: 2 meter	Goals: 5 meter wide, 2 meter high	Goals: 5 meter wide, 2 meter high
Game operation: Exhibition games	Game operation: Recreational games	Game operation: Local leagues



Step 2: Talent development (11-18 YEARS)

1. Youth development programme

3. Elite football schools

2. Centers of excellence

4. Regional associations





Organisation

366 Regional bases

1.000 Coaches

**14.000 Players between
11-15 years**

29 Coordinators

600.000 Scouted players

Systematic training





Goals





Principles





Organisation

Promotion of the most talented players

45 Centers of excellence

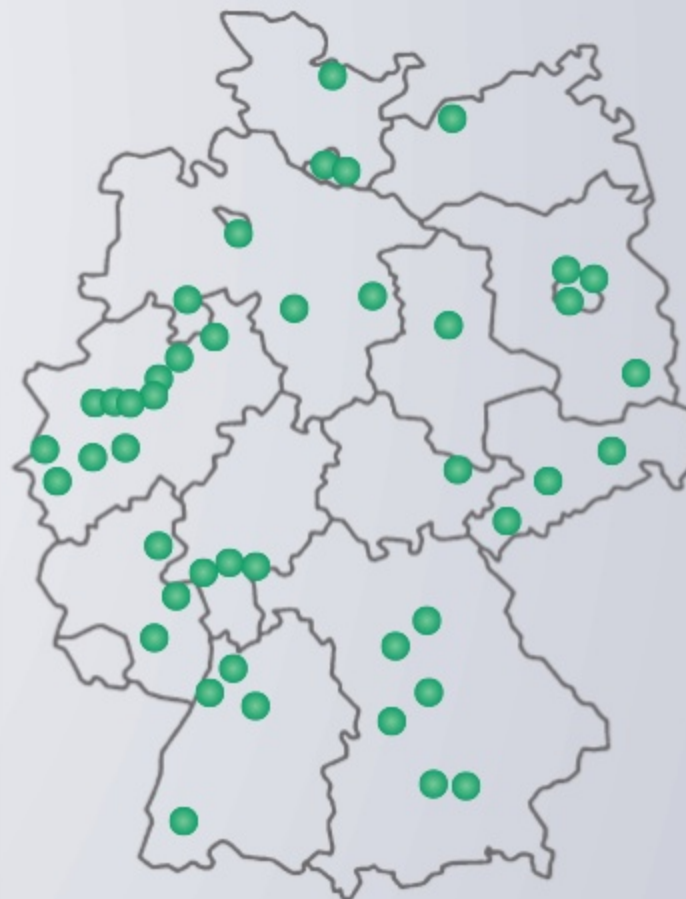
ca. 200 full-time coaches

Required since 2002

Licensing-system since 2008

Further education

Manual of best practices





Standards of excellence

Highly qualified coaches

Optimal field and practice conditions

Promotion of the most talented players

Extensive scouting system

Integration of academic and vocational training

Housing for external players

Optimal injury prevention and rehabilitation

