THE UNIVERSITY OF QUEENSLAND
AUSTRALIA

Understanding potential mental health protective factors associated with COVID-19

UQ researchers are seeking participants aged <u>50 years and over</u> to participate in a survey regarding their COVID-19 experience to help understand the impact of the pandemic and potential protective mental health factors.

Who?

Anyone who is 50 years or older

What?

Participation is **anonymous** and involves completing an online (or paper-based, if preferred) survey that is expected to take 20-30 minutes. There are **no follow-up** committments or contact beyond the survey.

Questions relating to participants' experience of COVID-19 will be included to comprehensively understand the impact of the pandemic. If participants anticipate that such questions may be distressing, they are encouraged to consider whether or not this research project is suitable for them.

Why?

To help identify individual factors which may have a protective benefit for older adults experiencing pandemics.

More information?

If you have any questions or concerns, or would like a paper copy of the survey, contact Carissa Roberts on +61 7 3365 7193 or carissa.roberts@uqconnect.edu.au

This study has been approved by The University of Queensland Human Research Ethics Committee [Approval No. 2021/HE000405]

Key Points:

This survey may take 20-30 minutes to complete in one sitting (responses cannot be saved as it is anonymous). In light of this, please consider the following:

Some people may prefer to complete the survey on their computer or to request a paper copy of the survey, rather than completing it on their mobile phone.

Taking a photo of the details on the right will allow you to participate at a more convenient time, or on your computer.

Ready to participate? There are 3 ways:

1. Type this link into your web browser: **https://exp.psy.uq.edu.au/mentalhealthcovid/**

2. Request a paper copy of the survey from carissa.roberts@uqconnect.edu.au or + 61 7 3365 7193

3. Scan this QR code: