



# KDIGO Direct

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## KDIGO at the 2021 ERA Congress

The 2021 Congress of the European Renal Association (ERA) was virtual this year but still offered exciting developments and presentations--including the announcement that the association would change its name from ERA-EDTA to ERA. KDIGO congratulates ERA on its new name.

KDIGO had two sessions at this year's congress, focusing on the KDIGO Diabetes Management in Chronic Kidney Disease (CKD) and Blood Pressure Management in CKD Guidelines.



The KDIGO Diabetes Management in CKD Guideline presentations covered key aspects of the guideline, with presentations including "*KDIGO Guideline for Diabetes in CKD: HBA1c and Beyond*" with KDIGO Diabetes Guideline Co-Chair, Dr. Peter Rossing (Denmark), "*Organ Protection: The New Concept*" with Dr. Megumi Oshima (Japan), and "*Standard-of-Care and Self Management*" with KDIGO Co-Chair, Dr. Michel Jadoul (Belgium).

"Our session at ERA covered a range of important topics from the new KDIGO Diabetes Guideline," said Dr. Rossing, KDIGO Diabetes Management in CKD Guideline Co-Chair. "The audience was well engaged, and the topics addressed led to insightful and productive discussion."

The KDIGO Blood Pressure Management in CKD Guideline presentations featured a panel of experts exploring highlights from the guideline and areas with outstanding controversy or further research needed. Presentations included, "*KDIGO 2021 Blood Pressure in CKD Guideline: A Controversial Guideline?*" with KDIGO Blood Pressure Guideline Co-Chair, Dr. Johannes Mann (Germany) and Dr. Carmine Zoccali (Italy), "*Lowering Systolic Blood Pressure in CKD to <120 mm Hg is Reasonable*," with KDIGO Blood Pressure Guideline Co-Chair, Dr. Alfred Cheung (United States), and Dr. Indranil Dasgupta (United Kingdom), as well as "*Blood Pressure Measurement in the Office: Standardized Measurement is Vital and Feasible*," with Dr. Bernard Kraemer (Germany) and Dr. Rajiv Agarwal (United States).

"It was a pleasure to take part in the KDIGO session at this year's ERA Congress," said Dr. Mann, KDIGO Blood Pressure Management in CKD Guideline Co-Chair. "We were able to address a number of major topics in a limited time frame, and the speakers did an excellent job in this controversies session which was lively and informative and a great opportunity to expand the conversation on blood pressure management in chronic kidney disease."

## Share Your Feedback on the KDIGO Novel Anemia Therapies in CKD Controversies Conference Scope of Work by July 9



There is still time to share your comments and insights on the Scope of Work for the Novel Anemia Therapies in Chronic Kidney Disease (CKD) Controversies Conference. The Scope of Work and feedback form can be found on the [KDIGO Novel Anemia Therapies in CKD Controversies Conference website](#). Please submit your comments via the feedback form **no later than Friday, July 9**.

This conference, scheduled for December 2021, will be the second in the KDIGO Anemia Controversies Conference series. The goals for this conference are to determine best practices and areas of uncertainty in the treatment of anemia, review key relevant literature published since the 2012 KDIGO Anemia Guideline, address ongoing controversial issues, identify new topics or issues to be revisited in the next iteration of the KDIGO guideline, and outline research needed to improve anemia management in CKD. One key question this conference will address is whether there is a specific population in which HIF-PHI should be preferred or avoided.

Dr. Elaine Ku (USA) and Dr. David Wheeler (UK) will co-chair this conference. [Read the Scope of Work and submit comments via the feedback form.](#)

## Recent Publications



### KDIGO Central and Peripheral Arterial Diseases in Chronic Kidney Disease Controversies Conference Report Now Available

The updated and final version of the KDIGO Central and Peripheral Arterial Diseases in Chronic Kidney Disease Controversies Conference Report is now available. The report is based on the February 2020 KDIGO Central and Peripheral Arterial Diseases in Chronic Kidney Disease Controversies Conference held in Dublin, Ireland. Dr. Kirsten Johansen (USA) and Dr. Holger Reinecke (Germany) co-chaired the conference.

Given the importance of integrated, coordinated care for patients with these cardiovascular comorbid conditions, the KDIGO Controversies Conference on Central & Peripheral Arterial Diseases in CKD gathered a global panel of multidisciplinary clinical and scientific expertise to identify key issues relevant to the optimal detection, management and treatment of cerebrovascular diseases, central aortic disease, renovascular disease, and peripheral arterial diseases in the setting of CKD. The goal of this KDIGO conference was to determine best practices and summarize areas of uncertainty, review key relevant literature, address ongoing controversial issues, and propose a research agenda to address any gaps in knowledge.

[Read the Conference Report.](#)



## Chronic Kidney Disease and Cerebrovascular Disease: Consensus and Guidance From a KDIGO Controversies Conference Special Report Published in Stroke

A Special Report on the KDIGO Controversies Conference, "Cardiovascular Disease in CKD: What is it and what can we do about it?" recently published in *Stroke*. The report offers a summary of the epidemiology, pathophysiology, diagnosis, and treatment of cerebrovascular disease in chronic kidney disease, as well as knowledge gaps, areas of controversy, and priorities for research.

This report focuses on discussions from the conference's Cerebral Vascular Breakout Group, co-chaired by Dr. Dearbhla Kelly (Ireland) and Dr. Manish Sood (Canada).

[Read the full report.](#)



## Synopsis of the KDIGO 2021 Blood Pressure in CKD Guideline and Accompanying Editorial Published in Annals of Internal Medicine

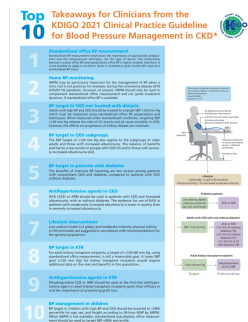
The synopsis of the KDIGO 2021 Blood Pressure Management in CKD Guideline recently published in *Annals of Internal Medicine*. The synopsis offers a comprehensive summary of the guideline's key points and updates since the last KDIGO guideline on blood pressure management in CKD published in 2012, including new evidence on the risks and benefits of blood pressure-lowering therapy among patients with CKD. It is intended to support shared decision-making by health care professionals working with patients with CKD worldwide.

[Read the full synopsis.](#)

## KDIGO Blood Pressure in CKD Guideline Implementation

### New Resources Available

KDIGO has released a series of new tools created from the KDIGO 2021 Clinical Practice Guideline on the Management of Blood Pressure (BP) in Chronic Kidney Disease (CKD). These include a Top Ten Takeaways for Clinicians, a Central Illustration, and guideline Point-Counterpoints. These tools and additional resources are all available on the [KDIGO BP Guideline website](#).



### NephJC Hold KDIGO Blood Pressure in CKD Guideline Discussion

The Nephrology Journal Club (aka #NephJC) covered the KDIGO Blood Pressure in CKD Guideline in one of its recent signature Twitter discussions, addressing key topics and controversies from the guideline. The [discussions](#) were held three times to accommodate time zones in the United States, Asia, and Europe.

The discussion was lively and engaging, with over 1,400 tweets and over 230 people contributing, including guideline authors Dr. Charlie Tomson (United Kingdom) and Dr. Tara Chang

### #NephJC Participants



Data for #NephJC can be up to 15 minutes delayed

(United States). The conversation was enhanced by a range of helpful tools created by NephJC members. Dr. Jamie Willows (United Kingdom), Dr. Avinash Rao Ullur (India), and Dr. Janewit Wongboonsin (United States) provided a summary; Dr. Dilushi Wijayararatne (Sri Lanka) and Dr. Shina Menon (United States) created infographics and visual abstracts.

[Read the full wrap-up.](#)

## KDIGO Optimal Anemia Management Webinar Now On-Demand



Drawing upon the discussions and conclusions from the KDIGO Optimal Anemia Management Controversies Conference, KDIGO held a webinar that explored new therapies and treatment options relevant to the management of anemia in CKD.

Moderated by Dr. Tilman Drüeke (France), the webinar featured Dr. Jodie Babitt

(United States), who presented "Ironing Out Anemia Management in CKD," and Dr. Francesco Locatelli (Italy), who presented, "What is the Future of ESA Therapy?"

[Watch the webinar on the KDIGO YouTube channel.](#)

## Watch the KDIGO Sessions from WCN 2021



The KDIGO Sessions at WCN 2021 are now available! KDIGO had two sessions, "KDIGO Conference on Dialysis: Getting the Basics Right" and "Individual Optimization of Management of CKD Patients with Diabetes and CVD Comorbidities."

Watch them on the KDIGO YouTube Channel.

## It's Almost Here! The KDIGO Conversations in Nephrology Podcast



The KDIGO *Conversations in Nephrology* podcast is almost here! The first three episodes, hosted by Dr. Ravi Mehta, will feature acute kidney injury experts (AKI), Dr. Marlies Ostermann, Dr. Ashita Tolwaniatolwani, and Dr. Theresa Mottes discussing keep topics related to AKI.

Check back soon for more info!

## About KDIGO

KDIGO is a Belgian foundation committed to developing and implementing nephrology guidelines that improve patient outcomes on a global basis. It is an independent, volunteer-led, self-managed charity incorporated in Belgium accountable to the public and the patients it serves.

[Learn More](#)

