



## Field Hockey Ontario - May Newsletter - Issue 2

### Upcoming Office Closure: Victoria Day - Monday, May 24th, 2021

Field Hockey Ontario's Office will be closed on Monday, May 24th, 2021 for Victoria Day. FHO Staff will be back in the office on Tuesday, May 25th, 2021.

Wishing everyone a Happy Long Weekend!



**Luis Paredes**  
Admin & Events Coordinator

### Meet FHO's New Admin & Events Coordinator!

FHO is happy to introduce the community to our new Admin & Events Coordinator, Luis Paredes!

Luis began working with FHO on Monday, May 10th, 2021, and will oversee membership, club communication, insurance, website maintenance, and FHO's internship program.

Luis has been working alongside Kaitlyn Green through this transition. Kaitlyn's last day with Field Hockey Ontario will be Friday, May 28th, 2021.

Learn more about Luis and his background in sport by heading over to our website at the link below!

[Meet Luis!](#)

### Return-to-Play Update

On May 20<sup>th</sup>, 2021, the provincial government announced its Re-Opening Plan for the province of Ontario. This Re-Opening Plan is a 3-step plan, and its progression is dependent on province-wide vaccination rates & public health indicators. The province has scrapped the previous colour-coded framework that was being utilized prior to the province-wide shutdown & stay-at-home order being implemented in early April 2021. Field Hockey Ontario is continuing

to monitor the situation and will provide membership with updates as soon as they are available.

**Until the province enters Step 1, no organized field hockey events, training, or games should be occurring.**

Field Hockey Ontario will continue to provide its membership and clubs with updated information, including specific details on each step and when the province enters/changes steps. We would like to remind our members and clubs to continue doing their part to limit the spread of COVID-19 and follow all public health guidelines.

If you have any questions, please contact Justine Branco, Head Athletic Therapist, at [athletictherapy@fieldhockeyontario.com](mailto:athletictherapy@fieldhockeyontario.com).

For more information, please check out the document linked below.

Update Regarding Provincial Government's Ontario Re-Opening Plan

## FHO Talent ID Camp Registration

When the 2021 FHC National Championships were cancelled, FHO began working to provide training and identification opportunities for Ontario athletes for this summer in the form of a Talent ID Camp. Talent Identification Camps are programs that are designed to identify young athletes with the potential for success in senior elite sport. This camp will connect athletes with training, development, and competitive opportunities that are designed to maximize an athletes' potential to achieve success. At the conclusion of the camp, FHO will be able to share with FHC the top athletes in Ontario.

Field Hockey Ontario will be opening registration for our Talent ID Camps on Wednesday, May 26th, 2021 at 10:00am EST.

For more information on the ID Camp, as well as information on registration, please head to our website at the link below.

For more information on registering for the Talent ID Camps, click here!

## Calling all University and High School Graduates of the Class of 2021!

FHO's Graduate Recognition Form is NOW OPEN for submissions! FHO will be featuring graduates on our Website, Social Media Platforms, and in our Newsletter over the coming months. Fill out the form at the link below to be featured!

We cannot wait to celebrate the accomplishments of the Class of 2021!



### Where are they now? Series

Field Hockey Ontario is happy to share the ninth of many posts in our new series of content titled "Where are they now?" This series will highlight alumni from FHO, their playing, coaching, and umpiring careers, and what they are doing now. We are happy to introduce our ninth individual, Julie Nelson.

Head over to our website to read more about Julie's time playing, umpiring, and serving as an administrator, along with what she has been up to in recent years!

If you or someone you know is interested in being part of this series, email us at [info@fieldhockeyontario.com](mailto:info@fieldhockeyontario.com)!

### Where are they now?



**Julie Nelson**



Where are they now? Series:  
Julie Nelson

## More FHO News



**Ask Yourself:**  
WHAT IS ONE WAY I CAN  
ENCOURAGE MY CHILD TO  
DEVELOP NEW SPORT  
SKILLS?

**Ask Your Child:**  
WHAT ARE TWO NEW  
SPORTS OR ACTIVITIES  
THAT YOU WANT TO  
TRY?

TRUE SPORT SATURDAYS

### Living True Sport: Ask Yourself, Ask Your Child

Living the True Sport Principles can be tied back to a series of questions that you can ask yourself and ask your child.

This week, we bring you a pair of questions from True Sport that focus on developing new skills with your child!

Stay tuned for more ways to live the True Sport Principles in the coming weeks.

Learn more about FHO & True Sport  
here!

**International Day Against  
Homophobia, Transphobia, and  
Biphobia**



MAY 17TH

INTERNATIONAL  
DAY AGAINST  
HOMOPHOBIA,  
TRANSPHOBIA  
& BIPHOBIA

Together: Resisting,  
Supporting, Healing

May 17th marked the International Day Against Homophobia, Transphobia, and Biphobia. This day marks a worldwide celebration of sexual and gender diversities. This year's message is to be "Together: Resisting, Supporting, Healing."

Field Hockey Ontario's goal is to ensure that our sporting environment is one that is safe for all members and one that is free of harassment and discrimination. We are proud to recognize and support the diversity of our members.

Field Hockey Ontario teaches our members to admire each other for what they do regardless of background or sexual and gender diversities. Field Hockey helps break down barriers and create relationships that might never have been formed in other environments. As a universal language, it promotes unity and pride amongst society.

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## Help us update our Volunteer Database!

Calling all Volunteers!

At FHO, we are working to update our database for our volunteers!

If you have been a volunteer with FHO in the past at one event or a hundred events, please fill out the form below to update your information, years of volunteering, and past experience with us.

Fill out the Form  
here!

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## FHO's Registration is Moving!

Effective immediately, FHO will be conducting all membership and program registrations through PowerUp Sports. **Any club or individual memberships already purchased on Athelink for the 2020-21 Membership year remain in place and DO NOT need to be repurchased**, but any new registrations will take place on PowerUp.

If you have never used PowerUp before, you will be required to set up a new profile, but if you have ever used PowerUp, even for a different club or sport, you can use the same log-in credentials you've previously created.

The new registration link to replace the previous link you may have on file is: [fieldhockeyontario.powerupsports.com](https://fieldhockeyontario.powerupsports.com)

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## Send us your Throwback Photos!

Each Thursday, FHO shares a throwback

# Share your Field Hockey Photos with the FHO Community!

PHOTOS FROM PAST EVENTS, OF CURRENT AND FORMER MEMBERS AND ATHLETES, THAT SHOWCASE FHO'S HISTORY.

field hockey photo to our Facebook and Instagram pages for Throwback Thursday!

Want to see your photo included? Email your photos to us at [info@fieldhockeyontario.com](mailto:info@fieldhockeyontario.com)!

We'd love to feature you, your family, or your club!

Email us your Throwback Photos!

## News from Respect Group

### Exclusive Contest from Respect Group

To celebrate the 2nd Episode of their podcase, The Sheldon Kennedy Show, Respect Group is giving our members a chance to win a \$100 Canadian Tire gift card!

Head to the link below to enter!

Be sure to check out The Sheldon Kennedy Show at

<https://www.thesheldonkennedyshow.com>

Enter to win!

Get a chance to win a \$100 gift card from Canadian Tire!



## FHO's Program & Funding Partners



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