

Couple's Communicative Evaluation Scale



CCES

Couple's Standard Report

www.CouplesCommunicationProgram.com

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PSYCHWEST, Clinical & Forensic Psychology
Couple's Communicative Evaluation Scale
Craig West, Psy.D.

Couple's Communicative Evaluation Scale (CCES)

A Couple's Relationship Checkup and Couple's Communication Enrichment Program (CCEP)!

by PSYCHWEST, Clinical & Forensic Psychology

Congratulations on completing the Couple's Communicative Evaluation Scale (CCES), a Couple's Relationship Checkup and Couple's Communication Enrichment Program (CCEP). The core foundation of the Couple's Communicative Evaluation Scale is based on the assumption that communication weaknesses and distress within a relationship go hand in hand. That is, as positive communication interactions between partners become more negative, couples will experience more distress within their relationship. The Couple's Communicative Evaluation Scale is designed to measure both communicative impairment and varying satisfaction among couples. It is a validated and researched test which identifies individual communication patterns between partners.

The CCES should be viewed as a diagnostic tool for monitoring your relationship. You take your car in for an oil change every 3 months to ensure that it is in working order. Why not do the same for yourself? Make sure your relationship is well adjusted, and maintained. Give your relationship the attention it needs to flourish. Your CCES results are not permanent or unchangeable. These results indicate where your relationship is today. Understanding your communication patterns and making the effort to build on your strengths and make changes where needed will alter the scores and your satisfaction with each other.

If you have concerns regarding your relationship or would like to explore ways to increase your intimacy, the Couple's Communication Program (CCEP) may be the next step you're looking for. Taking the time to reflect on and enhance your relationship is an important part of growing as a couple. The Couple's Communication Enrichment Program (CCEP) is designed to assist you and your partner in identifying your communication strengths and weaknesses. It is also intended to identify strategies that will enhance your communication with one another; therefore, increasing your sense of intimacy and feelings of being appreciated. The CCEP program guides couples in nurturing one another and their relationship. It also asserts that if you and your partner communicate in loving ways and learn how to handle issues in a way that fosters the other, your relationship will flourish.

The resulting profile scores from the CCES can be used by professionals working with couples in all stages of their relationship. Professionals who have comprehensive knowledge of the CCES and the CCEP are known as CCES Analysts and Intimate Communication Specialists (ICS). Intimate Communication Specialists use the initial results from the CCES to provide an actual starting point for couples' therapy. They use your results to personally develop a Couple's Communication Enrichment Program unique to your particular needs. The process encourages honesty and active engagement in the program's process. The CCES may be taken at different stages of the program to determine what progress has been made and what aspects of communication needs to be addressed further. The CCES results and the CCEP continue to provide ways to new, positive, loving and successful communication exchanges. Therefore, as your communication with each other improves throughout the steps of the program, you will see your satisfaction with one another increase.

If you have concerns regarding your CCES scores or would like to explore ways to increase your intimacy, you may contact an Intimate Communication Specialist/CCES Analyst who can give you professional feedback and assistance. To find an Intimate Communication Specialist/CCES Analyst in your area visit www.psychwest.com. We hope the results found here will assist you in your endeavor to create a loving, harmonious relationship. We wish you much success!

Thank You,



Craig West, Psy.D.
Clinical/Forensic Psychologist
Director of the CCES and CCEP
Intimate Communication Specialist and CCES Analyst

For Professionals

Would you like to learn how to become an Intimate Communication Specialist and CCES Analyst?

[Click Here](#)

For Couples

Are you looking for an Intimate Communication Specialist/CCES Analyst who can assist you in the exploration of your relationship?

[Click Here](#)

Are you looking for romantic and fun ideas that will boost intimacy?

[Click Here](#)

Couple's Communicative Evaluation Scale (CCES) Summary Page (Level)

1A and 1B = Self perception of own communication
 2A and 2B = Self perception of partner's communication
 3A and 3B = Self perception of couple's communication
 4A and 4B = Couple's perception of self's (Partner 1 or 2) communication
 5A/B= Overall Couple's Communication

Level
1 = MINIMAL DIFFICULTIES
2 = MILD DIFFICULTIES
3 = MODERATE DIFFICULTIES
4 = SEVERE DIFFICULTIES
5 = PROFOUND DIFFICULTIES

⇒ **VERY SATISFIED**
 ⇒ **SATISFIED**
 ⇒ **DISSATISFIED**
 ⇒ **VERY DISSATISFIED**
 ⇒ **EXTREMELY DISSATISFIED**

	Couple's Communication 5A/B	T Score Form 5A/B
MECHANICAL - VERBAL SUBSCALE	3	
EMOTIONAL - VERBAL SUBSCALE	3	
VERBAL SCALE SCORE	3	62
MECHANICAL - NONVERBAL SUBSCALE	2	
EMOTIONAL - NONVERBAL SUBSCALE	3	
NONVERBAL SCALE SCORE	3	61
MECHANICAL - ATTENDING SUBSCALE	2	
EMOTIONAL - ATTENDING SUBSCALE	3	
LEVEL 1 / ATTENDING	3	
MECHANICAL - INTERPRETATION SUBSCALE	3	
EMOTIONAL - INTERPRETATION SUBSCALE	3	
LEVEL 2 / INTERPRETATION	3	
LISTENING SCALE SCORE	3	58
OVERALL COMMUNICATION SCORE	3	60
CRITICAL SCALE SCORE	2	49

Validity Profile

Missed

DEVIANT SUBSCALE FOR PARTNER #1	VALID	⇒	INTERPRET	John Doe	1
DEVIANT SUBSCALE FOR PARTNER #2	VALID	⇒	INTERPRET		INTERPRET
DEVIANT SCALE SCORE	VALID	⇒	INTERPRET		
CONSISTENCY SUBSCALE FOR PARTNER #1	VALID	⇒	INTERPRET		
CONSISTENCY SUBSCALE FOR PARTNER #2	QUESTIONABLE VALIDITY	⇒	CAUTION INTERPRETATION	Jane Doe	0
CONSISTENCY SCALE SCORE	QUESTIONABLE VALIDITY	⇒	CAUTION INTERPRETATION		INTERPRET
COMBINED SUBSCALE FOR PARTNER #1	VALID	⇒	INTERPRET		
COMBINED SUBSCALE FOR PARTNER #2	QUESTIONABLE VALIDITY	⇒	CAUTION INTERPRETATION		
COMBINED SCALE SCORE	QUESTIONABLE VALIDITY	⇒	CAUTION INTERPRETATION		

Agreement Level

Couple's Verbal Agreement Level
 Couple's Nonverbal Agreement Level
 Couple's Listening Agreement Level

Overall Couple

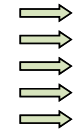
FAIR AGREEMENT
 FAIR AGREEMENT
 FAIR AGREEMENT

Couple's Overall Agreement Level **FAIR AGREEMENT**

Couple's Communicative Evaluation Scale (CCES) Summary Page (Level Description)

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5 = PROFOUND DIFFICULTIES



VERY SATISFIED
SATISFIED
DISSATISFIED
VERY DISSATISFIED
EXTREMELY DISSATISFIED

Couple's Communication 5A/B	
MECHANICAL - VERBAL SUBSCALE	Low Range Level 3
EMOTIONAL - VERBAL SUBSCALE	Medium Range Level 3
VERBAL SCALE SCORE	Low Range Level 3
MECHANICAL - NONVERBAL SUBSCALE	Borderlineline Range Level 2 & 3
EMOTIONAL - NONVERBAL SUBSCALE	Low Range Level 3
NONVERBAL SCALE SCORE	Borderlineline Range Level 2 & 3
MECHANICAL - ATTENDING SUBSCALE	High Range Level 2
EMOTIONAL - ATTENDING SUBSCALE	Low Range Level 3
LEVEL 1 / ATTENDING	Borderlineline Range Level 2 & 3
MECHANICAL - INTERPRETATION SUBSCALE	Medium Range Level 3
EMOTIONAL - INTERPRETATION SUBSCALE	Medium Range Level 3
LEVEL 2 / INTERPRETATION	Medium Range Level 3
LISTENING SCALE SCORE	Low Range Level 3
OVERALL COMMUNICATION SCORE	Low Range Level 3
CRITICAL SCALE SCORE	Medium Range Level 2

Couple's Communicative Evaluation Scale (CCES) (Percentage Score)

1A and 1B = Self perception of own communication
2A and 2B = Self perception of partner's communication
3A and 3B = Self perception of couple's communication
4A and 4B = Couple's perception of self's (Partner 1 or 2) communication
5A/B= Overall Couple's Communication

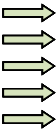
- Level
- 1 = MINIMAL DIFFICULTIES

2 = MILD DIFFICULTIES

3 = MODERATE DIFFICULTIES

4 = SEVERE DIFFICULTIES

5 = PROFOUND DIFFICULTIES

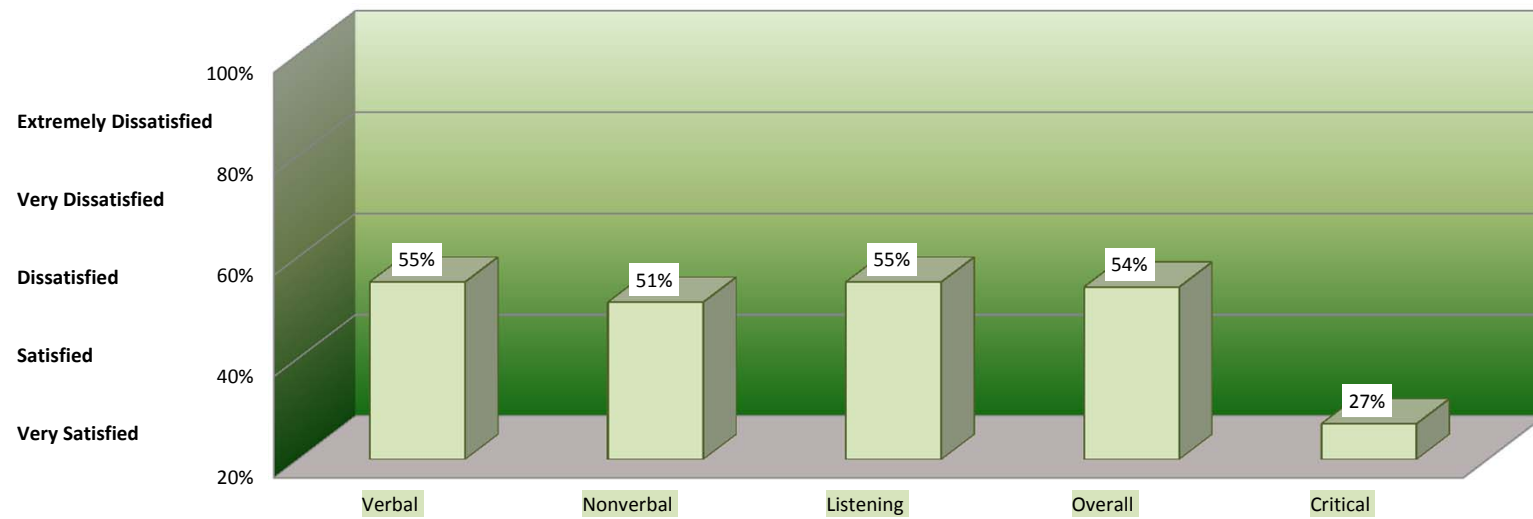


- VERY SATISFIED
- SATISFIED
- DISSATISFIED
- VERY DISSATISFIED
- EXTREMELY DISSATISFIED

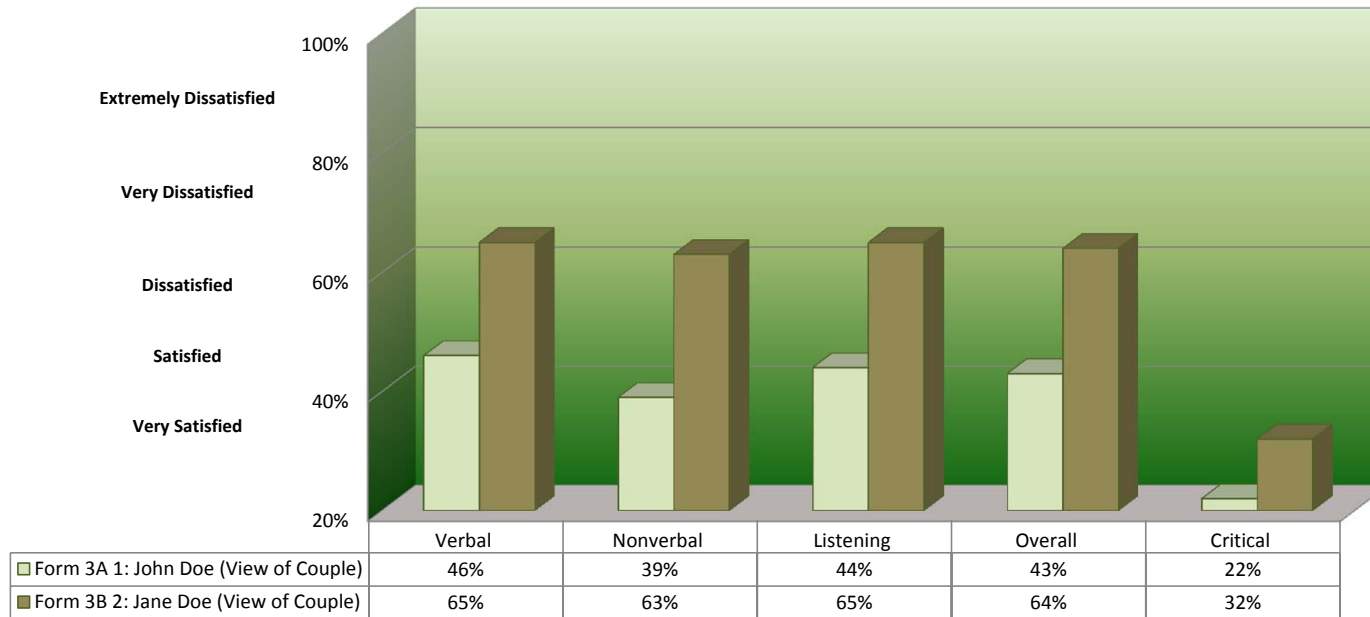
	Couple's Communication 5A/B
MECHANICAL - VERBAL SUBSCALE	53%
EMOTIONAL- VERBAL SUBSCALE	58%
VERBAL SCALE SCORE	55%
MECHANICAL - NONVERBAL SUBSCALE	50%
EMOTIONAL - NONVERBAL SUBSCALE	52%
NONVERBAL SCALE SCORE	51%
MECHANICAL - ATTENDING SUBSCALE	48%
EMOTIONAL - ATTENDING SUBSCALE	54%
LEVEL 1 / ATTENDING	51%
MECHANICAL - INTERPRETATION SUBSCALE	64%
EMOTIONAL - INTERPRETATION SUBSCALE	58%
LEVEL 2 / INTERPRETATION	61%
LISTENING SCALE SCORE	55%
OVERALL COMMUNICATION SCORE	54%
CRITICAL SCALE SCORE	27%

Form 5A/B Couple's Overall Score

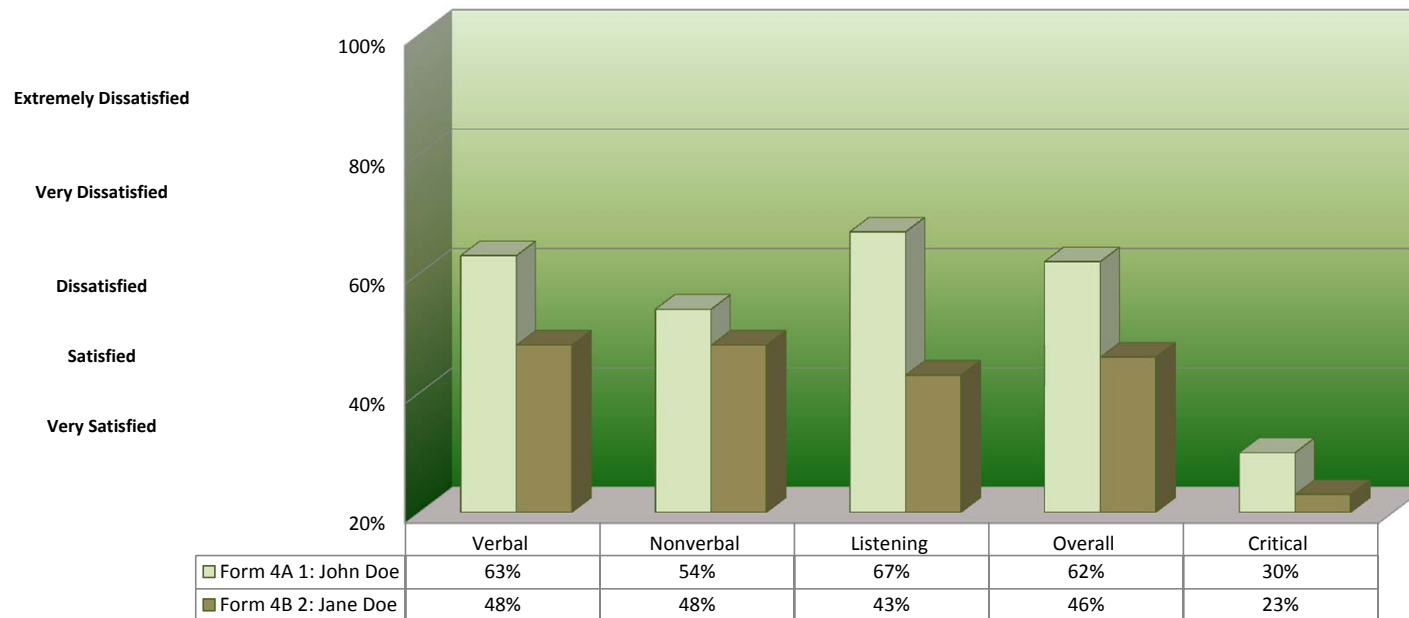
Form 5A/B Couple's Overall Score



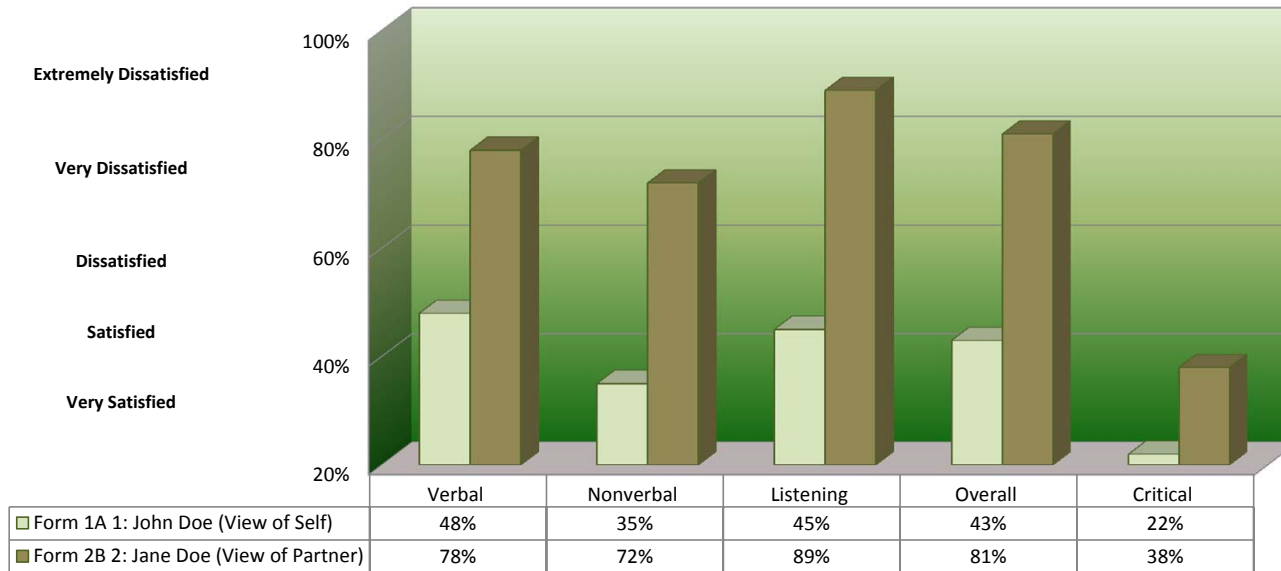
Perception of Couple's Communication



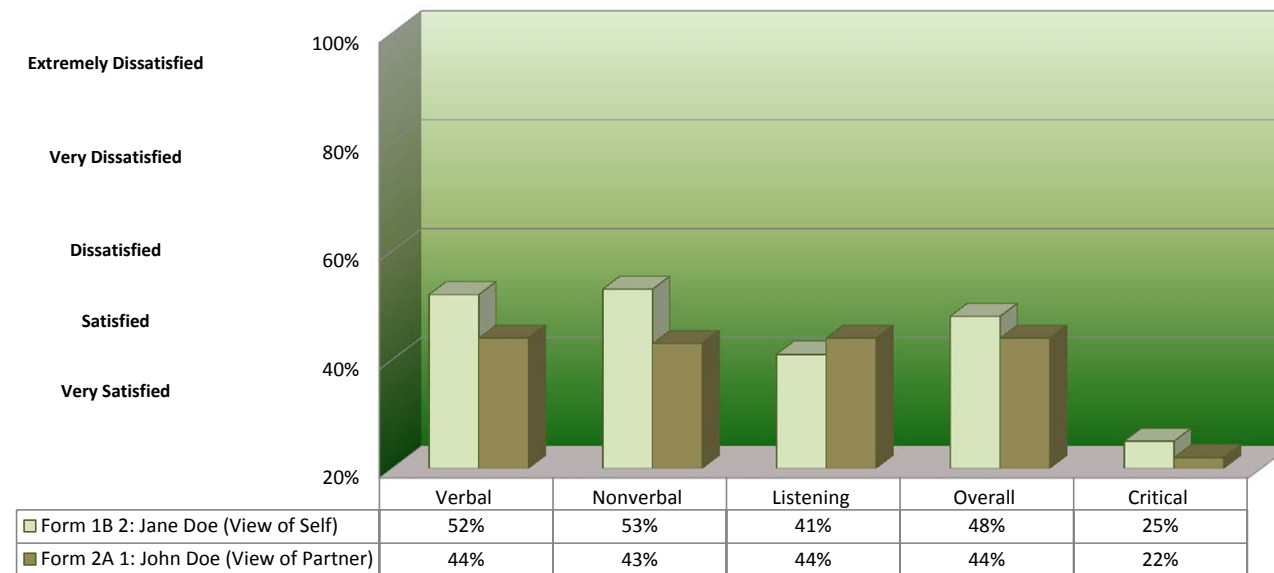
Couple's View of Self



(Partner #1)
View of Self Vs. Partner's View



(Partner #2)
View of Self Vs. Partner's View



REPORT INTERPRETATION - Couple's Perception Regarding Overall Communication

John Doe & Jane Doe

Overall Communication Scale Score

This section of the CCES is the overall score based on the combined questions answered by both individuals. This score is used to analyze the couple's overall communication pattern.

Overall, this couple views their communication as poor. They feel that, generally, they have some moderate difficulty communicating their thoughts and feelings to one another. They are acknowledging that they have some significant difficulties in the way they communicate. Although at times they may feel content and happy as a couple, more often than not they feel distress within the relationship. Some guidance could assist the couple in communicating better given their significant communication patterns overall. Their satisfaction with one another is poor and they likely exhibit fights that are not typically seen between satisfied couples. They are currently deemed to be at a moderate risk of separation or divorce and some guidance and support in assisting their interaction with one another would be helpful and recommended.

You have reached the end of this report!

Thank you so much for allowing us to serve you. If we can be of any further assistance please contact us by visiting www.psychwest.com.