

MASTER YOUR DISASTER

Finding Your New Normal



Unexpected changes, uncertainties and challenges are guaranteed to happen in life. We live in an ever-changing world where adversity lives and life can knock you down, quickly. So how do we master the disasters that come our way and find ourselves again in this new normal?

In this talk, Darla shares the secret sauce to overcoming adversity, and starts with leaning into the challenge instead of resisting it. The ability to find the lesson and bounce back quickly during the tough times will separate you from others who stay stuck.

LENGTH OF TALKS AVAILABLE



Keynote
45- to 60- mins



Breakout
45- to 75- mins



Workshop
3- to 4- hours

WHAT WE'LL UNCOVER TOGETHER

- Uncover the 3 simple steps to rise up and overcome when adversity hits
- Enhance your ability to adapt to change, deal with the unexpected and create everyday resilience
- Accelerate your results and be inspired to move forward with grace

"Darla's passion and conviction are evident the moment she steps on stage. She inspires everyone to move forward. I would absolutely have her speak again!"

-Tim Wolf, Founder & CEO, Imagine Boss