



Your  
**HEALTH**  
Comes First



## Health Screening Packages

[ucsihospital.com](https://www.ucsihospital.com)



## HEALTH SCREENING CENTRE

### Health Screening Centre

Level 1, Outpatient Clinic B,  
UCSI Hospital  
No. 2, Avenue 3, Persiaran Springhill,  
71010 Port Dickson, Negeri Sembilan,  
Malaysia

### Opening Hours:

Monday to Friday : 8:30am – 4:30pm

Saturday : 8:30am – 11:30am

Sunday & Public Holiday:

\* Open for half a day on selected Public Holidays.  
Priority shall be given to those with  
appointments.

Contact number: +60 11-3581 8808 (WhatsApp)

Email: [info@ucsihospital.com](mailto:info@ucsihospital.com)

# Welcome

## Health Screening Centre UCSI Hospital

### A Comprehensive Care for a Seamless Experience

- UCSI Hospital's Health Screening Centre offers a comprehensive and holistic preventive health evaluation using specialised and customised screening tests for different individuals. We develop precise and clear understanding of your health profile from our variety of screening tests through exceptional diagnostic medical equipment. Speak to us today and get set to attain and maintain peak health.

# For **LIFESTYLE**

## NEWBIE

**RM 100**

per package

Blood Investigations\*

Urine FEME

Dietitian Counseling

Consultation & Report  
by Health Screening  
Doctor

## NOVICE

**RM 220**

per package

Blood Investigations\*

Hepatitis C Screening

Hepatitis B Screening

Hepatitis A Screening

VDRL-RPR

Iron

Urine FEME

Dietitian Counseling

Consultation & Report  
by Health Screening Doctor

Refreshment Voucher



- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile & Fasting Blood Glucose



# For **WELLNESS**

## ESSENTIAL

**RM 480**

per package

History & Clinical Examination by Health Screening Doctor

Vital Screening

Vision Test

Resting ECG

Blood Investigations\*

Urine FEME

Chest X-Ray

Consultation & Report

Refreshment Voucher

## ADVANCE

**RM 510**

per package

History & Clinical Examination by Health Screening Doctor

Vital Screening

Vision Test

Resting ECG

Body Composition Analysis

Blood Investigations\*

Urine FEME

Chest X-Ray

Consultation & Report

Refreshment Voucher

## SUPREME

**RM 620**

per package

History & Clinical Examination by Health Screening Doctor

Vital Screening

Vision Test

Resting ECG

Blood Investigations\*  
Cancer Screening\*

Urine FEME

Chest X-Ray

Dietitian Counseling

Consultation & Report

Refreshment Voucher

## ULTIMATE

**RM 980**

per package

History & Clinical Examination by Health Screening Doctor

Vital Screening

Vision Test

Pulmonary Function Test (PFT)

Resting ECG

Body Composition Analysis

Blood Investigations\*  
Cancer Screening\*

Urine FEME

Chest X-Ray

Ultrasound of Upper Abdomen  
Dietitian Counseling

Consultation & Report

Refreshment Voucher



- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose, Hepatitis B Screening, Hepatitis C Screening & Thyroid Profile
- For MALE Supreme & Ultimate Wellness Screening Package, Blood Investigation also includes: PSA (Prostate Cancer), AFP (Liver Cancer), CEA (Colon Cancer) & CA 19.9 (Pancreatic Cancer)
- For FEMALE Supreme & Ultimate Wellness Screening Package, Blood Investigation also includes: AFP (Liver Cancer), CEA (Colon Cancer), CA 19.9 (Pancreatic Cancer), CA 125 (Ovarian Cancer) & CA 15.3 (Breast Cancer)





# For HIM

ESSENTIAL	SIGNATURE	COMPREHENSIVE	PLATINUM
<b>RM 580</b> per package	<b>RM 780</b> per package	<b>RM 1,280</b> per package	<b>RM 1,680</b> per package
History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor
Vital Screening	Vital Screening	Vital Screening	Vital Screening
Vision Test	Vision Test	Vision Test	Vision Test
Resting ECG	Pulmonary Function Test (PFT)	Otoscope (Ear Screening)	Otoscope (Ear Screening)
Blood Investigations*	Resting ECG	Pulmonary Function Test (PFT)	Pulmonary Function Test (PFT)
Urine FEME	Blood Investigations*	Resting ECG	Resting ECG
Chest X-Ray	Cancer Screening*	Body Composition Analysis	Body Composition Analysis
Ultrasound of Upper Abdomen	Urine FEME	Blood Investigations*	Blood Investigations*
Consultation & Report	Chest X-Ray	Cancer Screening*	Cancer Screening*
Refreshment Voucher	Ultrasound of Upper Abdomen	Urine FEME	Urine FEME
	Consultation & Report	Chest X-Ray	Chest X-Ray
	Refreshment Voucher	Ultrasound of Upper Abdomen	Ultrasound of Upper Abdomen
		Bone Mineral Density (BMD) Scan	Low Dose Chest CT Scan (without Contrast)
		Dietitian Counseling	Bone Mineral Density (BMD) Scan
		Consultation & Report	Dietitian Counseling
		Refreshment Voucher	Consultation & Report
			Refreshment Voucher

- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose, Hepatitis B Screening, Hepatitis A Screening, Hepatitis C Screening, Thyroid Profile (Free T4 & TSH), & HbA1c (Average blood sugar level over 3 months).
- For HIM Signature & Comprehensive Package, Blood Investigation also includes: VDRL-RPR, HIV 1 & 2 Antibody, PSA (Prostate Cancer) & CEA (Colon Cancer)
- For HIM Platinum Package, Blood Investigation also includes: VDRL-RPR, HIV 1 & 2 Antibody, PSA (Prostate Cancer), AFP (Liver Cancer), CEA (Colon Cancer) & CA 19.9 (Pancreatic Cancer)

# For HER



ESSENTIAL	SIGNATURE	COMPREHENSIVE	PLATINUM
<b>RM 780</b> per package	<b>RM 980</b> per package	<b>RM 1,480</b> per package	<b>RM 1,880</b> per package
History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor
Vital Screening	Vital Screening	Vital Screening	Vital Screening
Vision Test	Vision Test	Vision Test	Vision Test
Resting ECG	Pulmonary Function Test (PFT)	Otoscope (Ear Screening)	Otoscope (Ear Screening)
Body Composition Analysis	Resting ECG	Pulmonary Function Test (PFT)	Pulmonary Function Test (PFT)
Blood Investigations*	Body Composition Analysis	Resting ECG	Resting ECG
Urine FEME	Blood Investigations*	Body Composition Analysis	Body Composition Analysis
Chest X-Ray	Cancer Screening*	Blood Investigations*	Blood Investigations*
Ultrasound of Abdomen & Pelvis	Urine FEME	Cancer Screening*	Cancer Screening*
Ultrasound of Breast	Chest X-Ray	Urine FEME	Vitamin D
Consultation & Report	Ultrasound of Abdomen & Pelvis	Chest X-Ray	Urine FEME
Refreshment Voucher	Ultrasound of Breast	Ultrasound of Abdomen & Pelvis	Chest X-Ray
	Consultation & Report	Ultrasound of Breast	Ultrasound of Abdomen & Pelvis
	Refreshment Voucher	Bone Mineral Density (BMD) Scan	Ultrasound of Breast
		Dietitian Counseling	Bone Mineral Density (BMD) Scan
		Consultation & Report	Dietitian Counseling
		Refreshment Voucher	Consultation & Report
			Refreshment Voucher

- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose, Hepatitis B Screening, Hepatitis A Screening, Hepatitis C Antibody, Thyroid Profile (Free T4 & TSH) & HbA1c (Average blood sugar level over 3 months).
- For HER Signature & Comprehensive Package, Blood Investigation also includes: VDRL-RPR, HIV 1 & 2 Antibody, CA 125 (Ovarian Cancer) & CA 15.3 (Breast Cancer)
- For HER Ultimate Package, Blood Investigation also includes: VDRL-RPR, HIV 1 & 2 Antibody, AFP (Liver Cancer), CEA (Colon Cancer), CA 19.9 (Pancreatic Cancer), CA 125 (Ovarian Cancer) & CA 15.3 (Breast Cancer)

# For HEART



ESSENTIAL	ADVANCE	ADVANCE +
<b>RM 1,000</b> per package	<b>RM 1,280</b> per package	<b>RM 2,080</b> per package
History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor
Vital Screening	Vital Screening	Vital Screening
Vision Test	Vision Test	Vision Test
Pulmonary Function Test (PFT)	Pulmonary Function Test (PFT)	Pulmonary Function Test (PFT)
Resting ECG	Resting ECG	Resting ECG
Exercise Stress Test (Treadmill)	Exercise Stress Test (Treadmill)	Exercise Stress Test (Treadmill)
Blood Investigations*	Echocardiogram	Echocardiogram
Urine FEME	Blood Investigations*	Blood Investigations*
Chest X-Ray	Urine FEME	Urine FEME
Consultation & Report	Chest X-Ray	Chest X-Ray
Refreshment Voucher	Consultation & Report	CT Calcium Score **
	Refreshment Voucher	Consultation & Report
		Refreshment Voucher

- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose, Hepatitis B Screening, Thyroid Profile, HbA1c (Average blood sugar level over 3 months) & Hs-cRP
- \*\* CT Calcium Score is without contrast



# For **STROKE**

## STROKE SCREENING

**RM 2,280**

per package

History & Clinical Examination by  
Health Screening Doctor

Vital Screening

Vision Test

Resting ECG

Body Composition Analysis &  
Basal Metabolic Rate

Blood Investigations\*

Thyroid Stimulating Hormone  
(TSH)

Urine FEME

MRA Brain \*\*

Elderly Assessment  
for Balancing and Gait  
by Physiotherapist

Dietitian Counseling

Consultation &amp; Report

Refreshment Voucher



- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose, HbA1c & Hepatitis B Screening
- \*\* MRA Brain is without contrast

# For **CANCER**

## CANCER SCREENING

**RM 880**

per package

History & Clinical Examination  
by Health Screening Doctor

Vital Screening

Vision Test

Resting ECG

Body Composition Analysis

Blood Investigations\*

Free T4

Cancer Screening\*

HbA1c (Average blood sugar  
level over 3 months)

Urine FEME

Chest X-Ray

Ultrasound of Upper Abdomen  
(Male) / Abdomen & Pelvis  
(Female)

Dietitian Counseling

Consultation & Report

Refreshment Voucher

## LUNG CANCER SCREENING

**RM 400**

per package

History & Clinical Examination  
by Health Screening Doctor

Low Dose Chest CT Scan  
(without Contrast)

Consultation & Report



- Blood Investigation includes: Full Blood Count, Erythrocyte Sedimentation Rate (ESR), Blood Grouping (ABO & Rh), Liver Function Profile, Kidney Function Profile, Lipid Profile, Fasting Blood Glucose & Hepatitis B Screening
- For MALE Cancer Screening Package, Blood Investigation also includes: PSA (Prostate Cancer), AFP (Liver Cancer), CEA (Colon Cancer) & CA 19.9 (Pancreatic Cancer)
- For FEMALE Cancer Screening Package, Blood Investigation also includes: AFP (Liver Cancer), CEA (Colon Cancer), CA 19.9 (Pancreatic Cancer), CA 125 (Ovarian Cancer) & CA 15.3 (Breast Cancer)

# For LOVE

## LOVEBIRDS

(Couple)

**RM 520**

per package

History & Clinical Examination by  
Health Screening Doctor

Vital Screening

Vision Test

Full Blood Count

Hb Electrophoresis

Blood Grouping (ABO & Rh)

Hepatitis B Screening

VDRL-RPR

HIV 1 & 2 Antibody

Iron

Urine FEME

Consultation & Report

## INDIVIDUAL

**RM 270**

per package

History & Clinical Examination by  
Health Screening Doctor

Vital Screening

Vision Test

Full Blood Count

Hb Electrophoresis

Blood Grouping (ABO & Rh)

Hepatitis B Screening

VDRL-RPR

HIV 1 & 2 Antibody

Iron

Urine FEME

Consultation & Report

- No fasting required for both lovebirds & individual package.





# For *Pre-EMPLOYMENT*

A	B	C	D
<b>RM 80</b> per package	<b>RM 120</b> per package	<b>RM 130</b> per package	<b>RM 160</b> per package
History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor	History & Clinical Examination by Health Screening Doctor
Vital Screening	Vital Screening	Vital Screening	Vital Screening
Vision Test	Vision Test	Vision Test	Vision Test
Urine FEME	Urine FEME	Resting ECG	Resting ECG
Chest X-Ray	Urine Opiates	Hepatitis B Screening	Hepatitis B Screening
Consultation & Report	Urine Cannabinoids	VDRL-RPR	VDRL-RPR
	Chest X-Ray	HIV 1 & 2 Antibody	HIV 1 & 2 Antibody
	Consultation & Report	Urine FEME	Urine FEME
		Consultation & Report	Chest X-Ray
			Consultation & Report



- No fasting required for ALL pre-employment screening.

# For Pre-U

## LOCAL

**RM 80**

per package

History & Clinical  
Examination by Health  
Screening Doctor

Vital Screening

Vision Test

Urine FEME

Chest X-Ray

Consultation & Report

## INTERNATIONAL A

**RM 120**

per package

History & Clinical  
Examination by Health  
Screening Doctor

Vital Screening

Vision Test

Urine FEME

Urine Opiates

Urine Cannabinoids

Chest X-Ray

Consultation & Report

## INTERNATIONAL B

**RM 160**

per package

History & Clinical  
Examination by Health  
Screening Doctor

Vital Screening

Vision Test

Resting ECG

Hepatitis B Screening

Hepatitis A Screening

Hepatitis C Screening

VDRL-RPR

HIV 1 & 2 Antibody

Urine FEME

Chest X-Ray

Consultation & Report





## HEALTH SCREENING CENTRE

Dear Customers,

Welcome to UCSI Hospital's Health Screening Centre!

### **What to bring:**

NRIC or Passport (for foreigner nationals)

Letter of Guarantee (for those covered by insurance or employee medical benefits)

### **Health Screening Appointment Day Procedures:**

- Register yourself at Central Admission and Discharge Counter (at Level 1 Lobby)
- Once you confirm the Health Screening packages of your choice, the Front Office staff will give a form for patient journey token to proceed to Outpatient Clinic B (at Level 1 Lobby)
- At Outpatient Clinic B, the nurses will take your vital signs, vision test and ear screening.
- Doctor will then perform a History and Clinical Examination on you at Outpatient Clinic B.
- You will then proceed to Clinical Laboratory (at Level 1 Lobby). A blood and urine test will be conducted.
- Next, you will then undergo a series of Imaging and Diagnostic tests based on your chosen Health Screening Package at Imaging Department (at Level 1 Lobby) e.g. chest x-ray, ultrasound, CT, MRI etc.
- You will have to return to Outpatient Clinic B to collect your Quad Café Food Voucher
- \*\*You may have breakfast at Quad Care (at Level G Cafeteria) while waiting for your test results (applicable to certain package only)
- Expect to spend 3 to 4 hours on your tests (depending on the package selected)
- During the review, the doctor and/or dietitian (if applicable) will go through your test results and address any concerns which you may have. This includes future management, where necessary.
- End of check up



**HEALTH SCREENING - DO'S & DON'TS**

Getting a health screening appointment is one thing you should do to monitor your health and wellness status. Before the day, there are a few things that you need to be reminded of for your health screening.

**Health Screening Flow**

- ✓ Please attend your appointment on time. The registration counter will be opened from 8:30 am to 10:30 am.
- ✓ Please fast for at least 6 hours before your appointment. Only plain water is allowed.
- ✓ Please do not consume alcoholic drinks 48 hours before the appointment. Avoid staying up late.
- ✓ Please bring along your previous X-ray images, medical report and current medications (if any).
- ✓ Please inform us if you are on any medication. You may continue your regular medication for seizures/epilepsy, heart problem and asthma (bring along your inhaler) during the appointment.
- ✓ Please DO NOT take your diabetic medicine on the morning of your appointment day. Please bring along the medicine with you as you may take it after all the procedure is completed.
- ✓ Do not wear contact lenses. If need to, please wear your spectacles.
- ✓ Do not wear jewellery as you may be required to undergo X-ray procedures and other tests.
- ✓ For safety reasons, you are advised NOT to bring valuable items and young children during your check-up.

**Reminder for FEMALE Health Screener:**

- ✚ For best results, schedule your Pap Smear test between 10 and 20 days after the first day of your last menstrual period.
- ✚ Avoid sexual intercourse two days before the Pap Smear test,
- ✚ No douching, vaginal contraceptives and avoid using any vaginal medications (except as directed by your doctor).
- ✚ For mammograms, avoid using deodorant or body talcum around the chest area.
- ✚ Please reschedule your appointment if you are pregnant, possibly pregnant or having menses.

Yours Sincerely,  
Your UCSI Health Angels  
(Customer Care Department)



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