



ADVOCACY 1ST

Harrow Children's Advocacy Service



Helping children to be able to use advocacy Services

- Information
- Support

Knowing what you can
do to make you happy



Listening to what you have
to say and speaking up
with you

**Helpful and Friendly
Advocacy for children
and young people**



Talking about what you are
not happy with



Helping you
to keep you safe

For more information
speak to our Advocacy team:



Tel: 0203 9480 559



Email:

www.advocacy@harrowmencap.org.uk



Recognising quality
in independent advocacy



ADVOCACY 1ST

Harrow

Children and young people's Advocacy Service

- Information
- Support



- Understanding your rights
- Making a complaint
- Listening and speaking up with you
- Listening to what you want

**Effective and
Engaging
Support for
children and
young people**



For more information speak to our Advocacy team:



Tel: 0203 9480 559



Email: www.advocacy@harrowmencap.org.uk



Recognising quality
in independent advocacy



ADVOCACY 1ST

Harrow IMCA Service

**Independent
Mental
Capacity
Advocate**

An IMCA can help you be a part of making decisions about :

- DoLS Authorisations
- Long term accommodation
- Serious medical treatment

**Visit you at
home or hospital**

**Talk with health
professionals**

Complaints

EMPOWERMENT

**Support and
understand
your rights**



For more information speak to our Advocacy team:



Tel: 0203 9480 559



Email: www.advocacy@harrowmencap.org.uk



Recognising quality
in independent advocacy



ADVOCACY 1ST

Harrow Care Act Advocacy

Helping you understand the choices you have

An Advocate can support you with:

- Care planning
- Reviews
- Making complaints and challenging the local authority
- Safeguarding

EMPOWERMENT



**YOU HAVE A VOICE
AND THAT IS A VERY
POWERFUL THING.**



**Supporting you with your
choices and decisions
made about you**

**We will help you to express
your wishes and feelings**

For more information speak to or Advocacy team:



Tel: 0203 9480 559



Email: www.advocacy@harrowmencap.org.uk



Recognising quality
in independent advocacy