



# The Third Act

*Newsletter of U3A Redlands District Inc.*

*October 2020*

## MESSAGE FROM DEBRA BARKER, PRESIDENT:

### Great News - The early bird catches the discount!

Thank you to our members for your support and patience over the past challenging months. In acknowledgement, the Management Committee is offering a **reduced membership fee to those who renew or apply during the month of January 2021 only**. Please check the newsletter, your emails and the website for details of payment options. If you are wondering, there hasn't been a financial windfall for the organisation, but a combination of prudent spending by our Treasurer, Janese Lowe and some unanticipated government support, has put us in a position that we can offer this.

We are asking renewing members and new members to **WAIT UNTIL 1 JANUARY 2021** before paying your 2021 membership fee, so that you pay the reduced annual subscription fee.

From **1 January** we encourage members to pay online through our webpage, [www.u3aredlands.com.au](http://www.u3aredlands.com.au) using the **"Discounted 2021 Annual Membership"** button and the **"Pay Online"** link. More details will follow and are on our website.

Also, from **19 January** the Office will be open for four days to receive over the counter payments, and for assistance with online enrolments. Information will also be available for prospective members.

Please be aware that we will be maintaining appropriate COVID safety practices in the Office so you may be asked to wait.

With no certainty of the health situation in January next year, it has been decided to cancel the annual Enrolment/Sign-On Day for the reason that our usual format e.g. in 2020 at RPAC, would not guarantee a COVID safe environment in 2021.

The Management Committee is investigating a suitable venue for another Members Welcome Event to be held in February 2021.

Again, check the newsletter, your emails, the website and mobile texts for details.

The combination of online and face-to-face classes in Term 3 shows how we can extend our support for members.

Enjoy Term 4 and stay safe!

Deb Barker

# WELCOME TO MYU3A MEMBER TUTORIALS

**MyU3A** is our new U3A administration system and we hope the below Tutorials will help you to get to know MyU3A. You will need your member ID, which is found on your membership card and the password that was emailed to you in July. Follow the Forgot Password/ID instructions below if you cannot find your password and one will be forwarded to you. Please follow the steps to update your profile with correct year of birth and emergency contact details.

## MYU3A MEMBER TUTORIAL - HOW TO LOGIN TO MYU3A

- (a) Go to our website <https://www.u3aredlands.com.au>
- (b) Click on *Membership* at top of screen and you will be taken to the Login page.
- [c] Click *Already a Member* and you will then see:

Member ID	<input type="text"/>
Password	<input type="password"/>

[Forgot Password/Id](#)

See Instructions below:

Enter your Member ID (It's your U3A Membership number) and your password.

Click on **Log in**

- (d) The next page will be your *Membership Status* page. To update - see below.

[e] Check all your details are correct. To update - see **How To Update Your Records in MyU3A**

## MYU3A MEMBER TUTORIAL - FORGOTTEN MY PASSWORD

If you have forgotten your password, click on

[Forgot Password/Id](#)

Enter your Member ID and email address and you will be emailed your login details.

If you have any problems email [enquiries@u3aredlands.com.au](mailto:enquiries@u3aredlands.com.au)

## MYU3A MEMBER TUTORIAL - HOW TO UPDATE YOUR DETAILS IN MYU3A

Log into MyU3A, following the instructions in (a) to (d) above, then:

On the **Membership Status** page, check that all your details are correct.

At bottom of screen, click

[Update Profile](#)

You will see the **Application Form** page where changes can be made.

Here are 3 Examples:

- (1) **TO CHANGE YOUR YEAR OF BIRTH** (Defaulted to 1955 and \* is mandatory field)

Enter correct year of birth here:

\* **Year of Birth**

- (2) **TO CHANGE EMERGENCY CONTACT**

Enter Emergency Contact details here:

**In the event of illness, please notify:**

Name	<input type="text"/>	Phone	<input type="text" value="07 3333 8888"/>	<input type="text" value="0413 111 222"/>
Name	<input type="text"/>	Phone	<input type="text"/>	<input type="text" value="0402 111 222"/>

- (3) **TO CHANGE PASSWORD** (should be 3 letters and 3-4 digits)

Password are changed here:

And verified here:

\* **Password**

**Verify password**

**REMEMBER: When change(s) are completed, to save the changes you must Click**

[Commit](#)

**You can print out these instructions by right clicking your mouse button & selecting "Print".**



*Here's a Happy Birthday wish from U3A Redlands for each of you having a birthday in the next month. Celebrate and enjoy!*

## November Newsletter

The **cut-off date** for entries is **Monday, 2 November 2020**



If you have something you would like to share with the U3A members about a class you attend, a tutor, your classmates, or a funny incident, please send it along and we will try to publish it in the newsletter. Submissions to [newsletter@u3aredlands.com.au](mailto:newsletter@u3aredlands.com.au)



## U3A Giftware

Looking for a gift for someone special – your tutor, family member or friend? What about a piece of engraved glassware?

U3A Redlands has access to a wide range of giftware which can be ordered from "Engraved Reflections" in Thornlands. Lance Delbridge, who also makes our badges, has an extensive array of giftware which can be engraved or etched with the U3A Logo or a personal inscription? Coffee mugs, glasses and water bottles are extremely popular and at very reasonable prices.

Contact Lance at [lancedelbridge@bigpond.com](mailto:lancedelbridge@bigpond.com) or phone 3206 4962.



# **Keep your Brain in Shape**

**Presentations - Mondays 9.30 – 11.00**

## **26 October – Paul Oates – A Day in the life of a TPNG Patrol Officer**

Many Australians know very little about our nearest neighbour. Most media articles tend to concentrate on the occasional sensationalism and ignore almost everything else. Papua New Guinea has been and will become very important to future Australians. Unfortunately, the knowledge of our shared history and PNG's vibrant culture is something that seems to be slipping through the cracks of our current children's education.

## **BYO Coffee and Discussion - Tuesdays 9.30 - 11.00**

**20 October** – Could the traditional university be replaced by completely online learning in the aftermath of COVID-19?

## **27 October - Dr Jennifer Marohasy - Australian Biologist, Columnist and Blogger**

The Great Barrier Reef - still colourful corals and ribbon fish.

## **Around the World Virtual Tour - every second Friday 9.30 – 11.00**

### **30 October – Julie Porteous –**

Along the Croatian Coast – small ship cruise from Dubrovnik to Opatija

### **13 November – Paul Oates –**

Western Turkey visiting Istanbul, Gallipoli, Effesus, Troy and Pamukkale

## **Dead Poets Society - every second Thursday 9.30 – 11.00**

**22 October – George Chapman** invites new members to join the group. We meet fortnightly to read and discuss poets and poetry - some of which they have penned themselves. Serious, moving, dramatic, hilarious - if you love poetry this is the class for you.

**To register your interest and obtain the session link, please advise:**  
**[vicepresident@u3aredlands.com.au](mailto:vicepresident@u3aredlands.com.au)** at least 24 hours prior to the session you wish to join.



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# Group Talk:



## Writing for Pleasure Liz Jeffs

The Writing for Pleasure group addresses the times we live in (maybe). Enjoy....

### **ZYPTON'S INVASION** Written by **Ruth Cooney**

There was something primeval about the throb of the drums. The sound echoed around the bayside suburb, an alien insistent noise. Not a discordant Saturday arvo garage band practice. This was a single, deep-throated reverberation, slow then frantically fast peaks rolling over rooftops. Zypton's seventh finger of his third hand pressed the lever back up, slowing the beat of the throbbing drums. His deep purple lips stretched into a smile. Zeltonians didn't smile often. A deep robotic sound tumbled out of his mouth. "We will see how long these Earthlings can withstand the life-sucking reverberations of our terminator. No longer than the Martians did, I will venture." Another purple skinned Zeltonian spoke. "We will have them shattering to pieces in no time. Give them a stronger blast, Captain!" As Zypton pushed the lever again, making the drums throb faster and louder, the Zeltonian calculated that the Earthlings would start to fall within 30 earth minutes.

Zypton and Zimmtah sat in their spaceship just 500 metres above the bayside suburb but these backward humans couldn't see their aircraft. An invisible shield blanketed the ship. The Earthlings had no idea where the sound came from. That noise would soon suck the life from these intensely stupid Earthlings and he, Zypton would take over the Earth and set up his own home base. He was a leader! For over 30 Earth minutes, Zypton pushed and pulled the lever, the haunting drumbeats flooding the suburb below. Zypton became agitated. He didn't observe any Earthlings writhing in agony or lying dead.

As a matter of fact, he didn't observe any Earthlings at all. There were no human beings anywhere on the ground beneath the spaceship, dead or alive. Zypton switched off the Terminator. Zimmtah sidled up to his captain's chair. "What is wrong, Captain?" "There are no Earthlings down there, Zimmtah. Earth has already been exterminated, probably with high powered radiation waves. Tie in, Zimmtah.

We move on to Jupiter!" Little did Zypton know that the whole population of that bayside suburb couldn't hear those throbbing drums. They had earpieces in their ears listening to their Prime Minister telling them that Stage Four Lockdown would come into effect from midnight Sunday. The coronavirus was getting away from them. The Prime Minister said, "It could mean the end of Earth as we know it."



Instead of the John I call my  
bathroom the Jim!  
That way it sounds better when I  
say I go to the Jim first thing  
every morning!!!



"THE ONLY TIME I LIVE LIFE IN THE FAST LANE  
IS WHEN I HAVE EIGHT ITEMS OR LESS."

I CALLED THE  
INCONTINENCE HOTLINE...



THEY ASKED,  
"CAN YOU HOLD PLEASE?"

## **Ukulele Band (GRUBS)** Di Colefax

Not even a global pandemic can stop the U3A Ukulele Band. Since we were unable to meet in our hall, our fearless leader Laurie Dyer taught us to use the Zoom platform so we could pick up our ukulele each week and play together. We did appreciate not missing out on our joyful group. On returning to the hall last month we were restricted to 35 players so our other awesome leader Bob Foster manned the hall and coordinated a roster system so each player could have a turn to attend. We can now have 50 players of our large group and Tuesdays are looking almost normal again. Our first concert for this year will be at Salford Waters Retirement Estate at the end of this month.



## **Caravan – Cabin - Camping**

*Established January 2019*



## **Recap - September 2020**

### **Sunday 6 September – Father's Day**

Hope all the Dad's and Grandfathers in our CCC group had a good day. As we did not have a U3A caravan get away planned Pauline and I with husband's Gary and John took advantage of the time of year for weather. We set off with our roof top tents [no caravans for this trip] and headed towards Birdsville Track going across the Tirari Desert and Sturt Stony Desert and coming back up the Strzelecki desert. It was quite an experience and we were lucky with the weather. We only had one sandstorm to contend with which made it impossible to see the road ahead. The sandstorm did stop us driving but thank goodness it did not last long.

## **Upcoming events – October 2020**

**Saturday 17 - Thursday 22 October** – Jandowae Accommodation Park, 104 High Street Jandowae Qld 4410 phone : 07 4668 5071 This is a privately organised event.

**Saturday 31 October** – Halloween



## GEMs for Enquiring Minds

A CLOSED MIND GATHERS NO THOUGHT (proverb)

### An example of a Technical Gem from this month's free booklet:



#### Pathways

As the Pass It On Network grows, so will the choice of activities. Our goal is to discover innovative, inexpensive programs, projects and ideas that generate and support active, productive, positive aging wherever they have been developed around the world, and to "pass them on" through our network for sharing and adapting.

### Lifelong Learning

We are both teachers and learners all our life. Here, we bring you programs and information on teaching and learning that expand access and respond to the needs and interests of older adults.

### Community Support

There's no better way to gain personal support for positive aging than with our peers who are sharing their experience. Here, you will find innovative guides to form mutual support groups and build on community assets.

\*\*\* **Subscribe for your email copy at [u3aonline.org.au](http://u3aonline.org.au)**

### \*\*\*\*\* JUST JOKING \*\*\*\*\*

- The lumberjack's favourite part about computers is logging in.
- The space program is awfully expensive as the cost is astronomical.
- The stadium heated up after the game because all the fans left.
- The chemistry student failed as he was out of his element.
- My son asked what our IP address was. I pointed to the toilet.

### For Your Diary:



#### University of the Third Age Redlands District Inc

#### 22nd Annual General Meeting

To be held at the Donald Simpson Community Centre, Bloomfield Street, Cleveland on **Monday 30 November 2020, 9.30am** at the Donald Simpson Centre.

Limited attendance due to COVID-19 restrictions.

Please RSVP by Friday 20 November 2020 to [enquiries@u3aredlands.com.au](mailto:enquiries@u3aredlands.com.au) or phone **3821 3888**.



# U3A Redlands District needs you!

Another year overseen by the current **Management Committee** is nearly over. Our **Annual General Meeting for 2020** is scheduled for **Monday 30 November** at **9.30 am** in the **Donald Simpson Centre**.

We are seeking a volunteer to act as **Secretary** to complete our Management Committee and to contribute towards the ongoing success of **U3A Redlands District Inc.**

Contact one of the current Executive members for further information:

Debra Barker at [president@u3aredlands.com.au](mailto:president@u3aredlands.com.au)

Iris Murray at [vicepresident@u3aredlands.com.au](mailto:vicepresident@u3aredlands.com.au)

Janese Lowe at [treasurer@u3aredlands.com.au](mailto:treasurer@u3aredlands.com.au)

Beryl Sutcliffe at [secretary@u3aredlands.com.au](mailto:secretary@u3aredlands.com.au)

Nominations must be in the hands of our **Secretary, Beryl Sutcliffe** before **Thursday 12 November 2020**.

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## **U3A Redlands District Inc. 2020 Management Committee**

**President - Debra Barker** [president@u3aredlands.com.au](mailto:president@u3aredlands.com.au)

**Vice-President - Iris Murray** [vicepresident@u3aredlands.com.au](mailto:vicepresident@u3aredlands.com.au)

**Secretary - Beryl Sutcliffe** [secretary@u3aredlands.com.au](mailto:secretary@u3aredlands.com.au)

**Treasurer - Janese Lowe** [treasurer@u3aredlands.com.au](mailto:treasurer@u3aredlands.com.au)

**Tutor Liaison Officers:**

- Leisure Karen Buhmann [tutorliaisonleisure@u3aredlands.com.au](mailto:tutorliaisonleisure@u3aredlands.com.au)
- Academic Nahn Shimmons [tutorliaisonacademic@u3aredlands.com.au](mailto:tutorliaisonacademic@u3aredlands.com.au)

**Office Coordinator - Anne Odgers** [coordinator@u3aredlands.com.au](mailto:coordinator@u3aredlands.com.au)

**Newsletter Editor - Di Colefax** [newsletter@u3aredlands.com.au](mailto:newsletter@u3aredlands.com.au)

**Publicity Officer - Julianne Whitehead** [publicity@u3aredlands.com.au](mailto:publicity@u3aredlands.com.au)

**Events Coordinator - Yvonne Medhurst** [events@u3aredlands.com.au](mailto:events@u3aredlands.com.au)

### **U3A Office:**

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